

“Therapeutic Humor and Laughter”

CONTINUING EDUCATION WORKSHOP FOR PROFESSIONALS

Friday, Feb. 12, 2010
8:30 a.m. – Noon

 **Prairie State College**
Business and Community Education Center
Heritage Community Bank Room
202 South Halsted Street | Chicago Heights IL 60411

Workshop Overview

Looking for a new tool for your professional toolbox? How about laughter? *Therapeutic Humor and Laughter* is a method which provides positive counterweight to negative circumstances. Leave this 3-hour workshop with laughter and humor techniques that you can use to help your clients and your own total wellness. More information can be found at the event website: www.tinyurl.com/LAFF4LifeEvents

Agenda

8:30 a.m. Check-in and coffee
8:45 a.m. Workshop begins
10 a.m. Break
Noon Conclusion and evaluation

Continuing Education Units

Activity Professional receive 3.0 contact hours
Social Workers, LCPC, LCP, 3.0 contact hours
awarded from the Illinois Department of Financial and Professional Regulation

Registration: \$49

Download a registration form
http://matteson.prairiestate.edu/news_events.html
To receive a registration form by fax or e-mail, contact Julie DeLong, Coordinator of Continuing Professional Education at (708) 709-7919 or e-mail: jdelong@prairiestate.edu

Meet the Presenter ...

PSC welcomes
Jay D. Rohman
from St. Louis, MO.



As a certified Health and Wellness Coach, Mr. Rohman, teaches stress education techniques through the adoption and maintaining of good, healthy habits and healing laughter.

He is a Certified Laughter Leader through the World Laughter Tour Organization and the Columbus Ohio University.

He is a member of the Association for Applied and Therapeutic Humor (AATH) and the Healing Music Organization.